

## The Daily Office:

**Our Father in Heaven:** Reflect & rest a moment on our relationship to God.

**Hallowed be thy name:** Worship - Tell him who he is & what he's done. Sing.

**Confess the Apostle's Creed.**

*I believe in God the Father Almighty, maker of heaven and earth;*

*And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day*

*he rose again; he ascended into heaven, is seated at the right hand of the Father, and will come again to judge the living and the dead.*

*I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body and the life everlasting. Amen.*

**Your Kingdom come, Your will be done**

Intercede - Ask God to move in us, and in the world.

**Readings: Psalm — Old Testament —New Testament**

**Give us this day our daily bread :** Ask for aid for your needs.

**Forgive Us our trespasses, as we forgive those who trespass against us.**

Ask God to search our heart, to reveal our offence.

The General Confession is a great launching point:

*Almighty and most merciful Father, we have erred and strayed from your ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against your holy laws. We have left undone those things which we ought to have done, and we have done those things which we ought not to have done; and apart from your grace, there is no health in us. O Lord, have mercy upon us. Spare all those who confess their faults. Restore all those who are penitent, according to your promises declared to all people in Christ Jesus our Lord. And grant, O most merciful Father, for his sake, that we may now live a godly, righteous, and sober life, to the glory of your holy Name. Amen.*

**Lead us, not into temptation, but deliver us from Evil.**

Seek God's direction for the day.

**For thine is the Kingdom, the power and the Glory forever & ever Amen.**

## What is the Daily Office?

The daily office is an ancient Christian practice that standardized prayer for all believers. It has gone through many iterations over the hundreds of years. This is a contemporary attempt to capture the heart of the office - that we all pray together, even if we pray separate from each other, we are engaging with the same scriptures, as a community.

We can follow an expanded *Lord's Prayer*, with the readings from the reverse taking us through the whole Bible, each year, instead of the incredibly rich (and somewhat complicated) pattern of prayers the Book of Common Prayer holds. Actually, this plan will take us through the book of Psalms several times, with 2 psalms a day. This plan will almost take us through the whole New Testament twice - Revelation being the only NT book we read once a year.

This daily office also includes confessing the Apostle's Creed, which is a summary of truths about God and our faith, akin to a cheat sheet, to keep us unified in the essentials of our belief as Christians. Be encouraged by these unchangeable facts of our reality.

Many have found it helpful to journal the scriptures with the **SOAP** guide. **Scripture:** Read the daily passages. **Observation:** Write a bit about what stood out, was noteworthy or unexpected. **Application:** write how you can apply some or one of your observations to your life. **Prayer:** write a prayer in response to the reading, observation and application or the things which are most on your mind today. You can also prayer the *Lord's Prayer* or the *General Confession*. What is God saying to you?

If one finds this plan too rigorous, please feel free to follow the Morning readings one year, and the Evening readings another. Lastly, I was greatly encouraged with this thought - the Daily Office is not homework that must be completed, but a conversation starter that can last us our lifetime - if you fall off pace, just get back in the saddle and carry on. We don't play catch up, we strive to learn to walk with Christ without stumbling. I find the structure and regularity of the Daily Office readies my heart and mind to engage with God more throughout the day.

yours in Christ,

Pastor Brock

# APRIL

## MORNING PRAYER

### **Psalm Old Testament New Testament**

1	28	Lev	3.1-4.21	2 Tim	4
2	31	Lev	4.22-ch. 5	Titus	1
3	33	Lev	6	Titus	2-3
4	35	Lev	7	Matt	1
5	37	Lev	8	Matt	2
6	39	Lev	9	Matt	3
7	41	Lev	10	Matt	4.1-17
8	43	Lev	11	Matt	4.18-5.12
9	98	Exod	13.3-16	Luke	24.13-49
10	103	Exod	15.1-21	Matt	28
11	97	Ezek	37.1-14	Acts	2.22-36
12	146	Jer	31.10-14	Acts	3.12-4.12
13	136	Zeph	3.14-end	Acts	13.26-41
14	145	Dan	12	Phil	3.7-end
15	45	Lev	12.1-13.28	Matt	5.13-32
16	47	Lev	13.29-end	Matt	5.33-6.4
17	49	Lev	14.1-32	Matt	6.5-24
18	51	Lev	14.33-end	Matt	6.25-7.14
19	53-54	Lev	15	Matt	7.15-8.4
20	56	Lev	16	Matt	8.5-end
21	58	Lev	17	Matt	9.1-17
22	60	Lev	18	Matt	9.18-end
23	62	Lev	19	Matt	10
24	64	Lev	20	Matt	11
25	66-67	Lev	21	Matt	12.1-21
26	69	Lev	22	Matt	12.22-end
27	71	Lev	23	Matt	13.1-23
28	73	Lev	24.1-25.7	Matt	13.24-43
29	75	Lev	25.8-end	Matt	13.44-end
30	77	Lev	26	Matt	14

# APRIL

## EVENING PRAYER

### **Psalm Old Testament New Testament**

1	29	Isaiah	1	Acts	1
2	32	Isaiah	2	Acts	2.1-21
3	34	Isaiah	3-4	Acts	2.22-end
4	36	Isaiah	5	Acts	3
5	38	Isaiah	6.1-7.9	Acts	4.1-31
6	40	Isaiah	7.10-ch. 8	Acts	4.32-5.11
7	42	Isaiah	9	Acts	5.12-end
8	44	Isaiah	10-11	Acts	6
9	66	Isaiah	12	John	20
10	111	Isaiah	30.18-21	John	21
11	148	Isaiah	61	I Cor	15.1-11
12	147	Isaiah	25.1-9	I Cor	15.12-34
13	114	Isaiah	65.17-end	I Cor	15.35-end
14	104	Song	2.10-end	Rev	5
15	46	Isaiah	13	Acts	7.1-43
16	48	Isaiah	14	Acts	7.44-end
17	50	Isaiah	15	Acts	8.1-25
18	52	Isaiah	16	Acts	8.26-end
19	55	Isaiah	17-18	Acts	9.1-22
20	57	Isaiah	19	Acts	9.23-end
21	59	Isaiah	20-21	Acts	10
22	61	Isaiah	22	Acts	11
23	63	Isaiah	23	Acts	12
24	65	Isaiah	24	Acts	13.1-12
25	68	Isaiah	25-26	Acts	13.13-end
26	70	Isaiah	27	Acts	14
27	72	Isaiah	28	Acts	15.1-35
28	74	Isaiah	29	Acts	15.36-16.15
29	76	Isaiah	30	Acts	16.16-end
30	78.1-39	Isaiah	31-32	Acts	17.1-15